

The Iowa Cafe

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2021 Consolidated Appropriations Act

- \$1.64 million
- 12/27/2020–9/30/2022
- For partnerships with licensed foodservice establishments



2021 Consolidated Appropriations Act

Goals:

1. Provide meal options to the food insecure, malnourished, and socially isolated
2. Diversify meal sites, methods, and food options to meet needs of the population and reach communities that lack OAA nutrition services; and,
3. Support local economies that are struggling due to the pandemic

2021 Consolidated Appropriations Act Continued



IDA Support

1. Additional Staff Support
2. Website Forms
3. Replication Guides for AAAs and Foodservice Establishments



The Iowa Café Project Support

1. Office of the Lieutenant Governor
2. Iowa Economic Development Authority

ACL Innovations in Nutrition Grant in partnership with Elderbridge AAA

ACL Grant Goal:

*To modernize Iowa's
congregate nutrition
infrastructure, delivery
mechanisms, and outreach
to increase the number of
consumers and meals
served*

ACL Innovations in Nutrition Grant Continued:

- 3 Year Grant
- \$250,000/year plus matching requirements
- 16 target counties
- Nutrition Education





Census Data – ACL Innovations in Nutrition Grant

County	% Persons 65+	Persons 65+	% in Poverty	Persons in Poverty	Persons 65+ in Poverty	% of 65+ in Poverty
Audubon	24.70%	1,358	11.00%	605	149	7%
Buena Vista	16.10%	3,159	10.20%	2,001	322	16%
Clay	20.70%	3,315	9.70%	1,554	322	16%
Crawford	17.50%	2,944	12.30%	2,069	362	18%
Dickinson	26.10%	4,504	7.80%	1,346	351	18%
Emmet	21.40%	1,971	11.20%	1,031	221	11%
Franklin	21%	2,115	9.90%	997	209	10%
Hamilton	20.50%	3,028	8.40%	1,241	254	13%
Hancock	22.50%	2,392	8.50%	904	203	10%
Humboldt	21.50%	2,055	9.70%	927	199	10%
Kossuth	23.70%	3,511	10.10%	1,496	355	18%
Lyon	18.10%	2,128	6.90%	811	147	7%
O'Brien	20.70%	2,847	9.10%	1,252	259	13%
Osceola	21.50%	1,281	9.40%	560	120	6%
Palo Alto	21.90%	1,946	9.70%	862	189	9%
Sioux	15.90%	5,542	6.30%	2,196	349	17%



Census Data – ACL Innovations in Nutrition Grant Continued

	Black or African American	American Indian/Alaska Native	Asian	Native Hawaiian	Hispanic/ Latino
Audubon	0.6	0.2	0.7		1.9
Buena Vista	3.4	0.6	10	1.8	26.4
Calhoun	2.4	0.5	0.3	0	2.1
Carroll	1.4	0.3	0.5		2.9
Cerro Gordo	2.1	0.4	1.1	0.2	5.1
Clay	0.9	0.3	0.8		4.1
Crawford	3.6	1.3	2.5	0.3	28.9
Dickinson	0.6	0.2	0.8		2.2
Emmet	1.3	1.6	0.7	0.1	10.1
Floyd	2.8	0.3	1.6	0.1	3.8
Franklin	1.2	0.7	0.6	0.1	13.4
Greene	0.5	0.6	0.6		3.2
Guthrie	0.7	0.4	0.3	0.1	2.8
Hamilton	1.4	0.5	2.4		6.2
Hancock	1	0.3	0.5	0.1	4.9
Humboldt	0.9	0.4	0.5		4.5
Kossuth	1.1	0.4	0.6	0.1	3.3
Lyon	0.4	0.5	0.4	0.2	2.8
Mitchell	0.6	0.2	0.5		1.7
O'Brien	1.5	0.4	0.8		5.3
Osceola	1	0.6	0.9	0.2	8.5
Palo Alto	2.1	0.5	0.9	0.1	3.1
Pocahontas	1.1	0.6	0.6	0.4	4.1
Sac	0.4	0.2	0.5	0.2	3.8
Sioux	0.8	0.6	0.9	0.1	11.2
Webster	4.7	0.6	1.2	0.1	5.5
Winnebago	1.7	0.5	1		5.1
Worth	1	0.4	0.6		3.4
Wright	1.2	0.5	0.6	0.2	13.2



How It's Going – Mat's Place – Garner Iowa

- Breakfast, Lunch, Dinner
- Weekday and Weekend Options
- Meets nutrition guidelines AND provides choice
- ~40 participants signed up within the first two (2) weeks of opening



All options served with your choice of coffee, hot tea, orange juice, or milk.

BREAKFAST

2 eggs, hash browns, 1 meat*, toast, fresh fruit

2 egg omelet, hash browns, toast, fresh fruit

Ham & cheese, Bacon & cheese, Sausage & cheese,

Everything & cheese, Veggie & cheese

2 biscuits & gravy, 2 eggs, fresh fruit

Pancake, 1 meat*, 2 eggs, fresh fruit

French toast, 2 eggs, 1 meat*, fresh fruit

*Meat choices: Ham, bacon, or sausage.

SALADS Grilled Chicken Salad - Chef Salad

LUNCH SPECIALS

Today's lunch special with your choice of fresh fruit, coleslaw, or cottage cheese.

SANDWICHES

Any of the following sandwiches with your choice of a dinner salad or French fries and cottage cheese or fresh fruit.

Hamburger - Cheese Burger - Mushroom Swiss Burger - Patty Melt

Grilled Chicken - Grilled Turkey & Swiss - Grilled Ham & Cheese

BLT - Grilled Tenderloin

The Iowa Café Technology

Card Choices

Option One

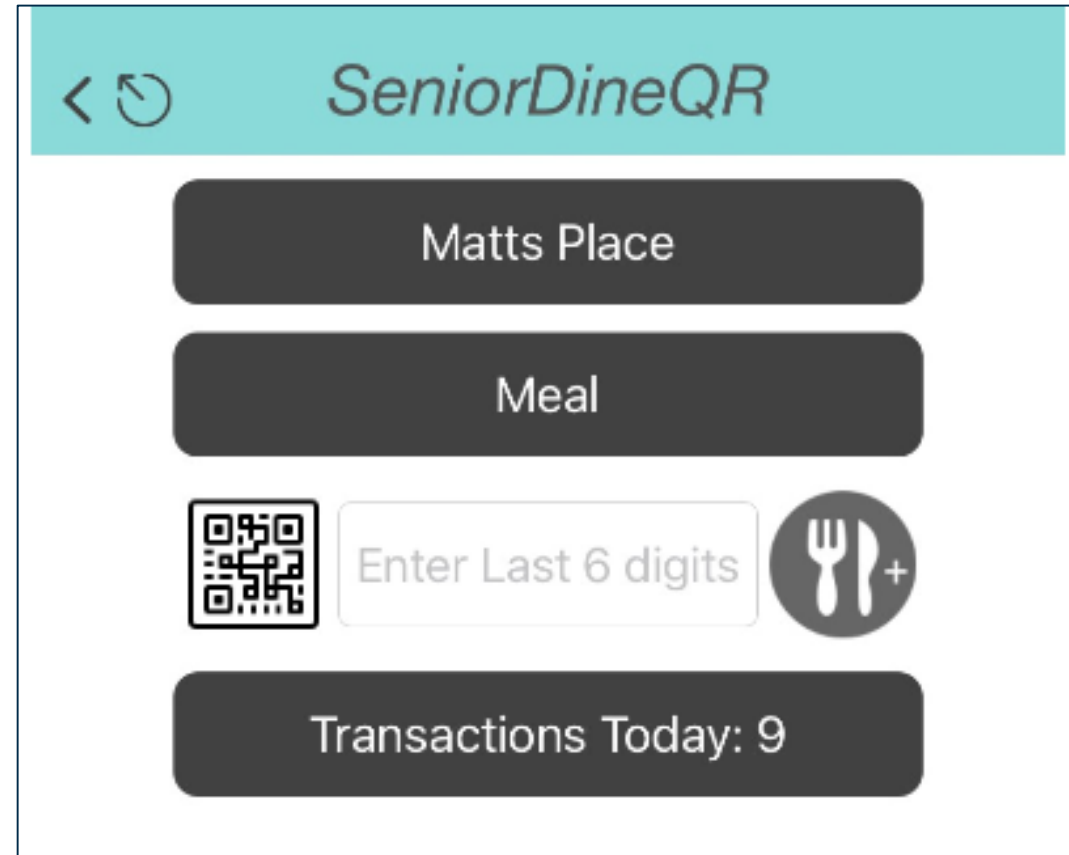


Option Two



SeniorDine Technology

- Restaurants loaned iPods or iPads
- QR Code is Scanned
- Track Dine In or Carry Out
- Less administrative burden on foodservice establishments
- Generates a month-end invoice and contribution statement



The Iowa Café Website Forms

- [Restaurant Interest Form](#)
- [Participant Registration Form](#)



Interest Form

Requestor

Links found
on the IDA
website



**“I don’t know what we did to deserve this.
We are so happy we get to enjoy these
delicious meals.”**

–Iowa Café Participant from Garner, Iowa



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Any Questions?

